

EAST WINDSOR SENIOR SERVICES

The East Windsor Senior Center is the focal point for East Windsor residents, sixty years of age or older who seek out Recreational, Social and Educational Programs as well as Transportation & Nutritional Services. We strive to promote the socialization, independence, self-sufficiency and community involvement of our senior citizens.

If you have any comments or concerns please call or email
Laura Clynch, Director of Senior Services @ 292-8262 or
LauraJClynch@yahoo.com

AUGUST 2006

- August 1:** CAPRILAND HERB FARM ~ Leave Center @ 9:30 a.m.
August 2: LINE DANCING ~ 10:00 a.m.-11:00 a.m.
Warehouse Point Library Trip ~ 1:00 p.m. – 2:00 p.m.
August 3: LADY KATHARINE CRUISE BUFFET ~ Leave Ctr @ 10:00 a.m.
FOOT CARE ~ 9:00 a.m. - 2:00 p.m. (By Appointment Only)
FREE BLOOD PRESSURE/BLOOD SUGAR SCREENING ~ 10:00 a.m. - 12:30 p.m.
August 4: Shopping @ Buckland Hills/Joann Fabrics ~ 9:00 a.m.
August 7: Shopping @ Wal-Mart/Big Y Plaza ~ 9:00 a.m. - 11:00 a.m.
August 8: HAMMONASSET BEACH ~ Leave Ctr @ 8:30 a.m.
August 9: LINE DANCING ~ 10:00 a.m.-11:00 a.m.
August 10: JERRAM WINERY TOUR/SAYBROOK FISH HOUSE ~ Leave Ctr @ 10:00 a.m.
August 11: Shopping @ Enfield Square/Home Depot/Kohl's Plaza ~ 9:00 a.m.
August 14: Shopping @ Wal-Mart/Big Y Plaza ~ 9:00 a.m. - 11:00 a.m.
August 15: AQUA TURF ITALIAN FEST ~ Leave Center @ 10:00 a.m.
August 16: LINE DANCING ~ 10:00 a.m.-11:00 a.m.
August 17: AQUA TURF – BOBBY VINTON ~ Leave Ctr @ 10:00 a.m.
August 18: Shopping @ Christmas Tree Shop ~ 9:00 a.m.
August 21: Shopping @ Wal-Mart/Big Y Plaza ~ 9:00 a.m. - 11:00 a.m.
August 22: Afternoon @ the Movies Featuring THE SHAGGY DOG
August 23: LINE DANCING ~ 10:00 a.m.-11:00 a.m.
August 24: CAROL BURNETT TRIBUTE SHOW ~ Leave Ctr @ 10:20 a.m.
MONTHLY SOCIAL GROCERY BINGO ~Sign-Ups & Payments Due
August 28: Shopping @ Wal-Mart/Big Y Plaza ~ 9:00 a.m. - 11:00 a.m.
August 29: Afternoon @ the Movies Featuring THE DREAMER
August 30: LINE DANCING ~ 10:00 a.m.-11:00 a.m.
August 31: SUNDAE SOCIAL ~ 12:30 p.m.

****Walking Program every Monday @ 12:30 and every Thursday @ 9:30****
****Grocery Shopping @ Geissler's ~ 9:00 a.m. - 10:00 a.m. every Wednesday****

PROGRAMS ~ 292-8262 TRANSPORTATION ~ 292-8261 NUTRITION SITE ~ 292-8279

Web Site ~ www.eastwindsor-ct.gov

E-mail ~ ewseniorservices@yahoo.com

